

Curriculum Vitae

PERSONAL

Name: Dr. Naeem Zafar Khan Rehmani
Father's Name: Abdul Rehman Khan
Date & Place of Birth: 8th April 1959, Lahore, Pakistan
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EDUCATIONAL QUALIFICATION

- FCPS* in Paediatrics: **1992**
- Diploma in Community Health and Nutrition: **2002**
- PGNP Postgraduate Program in Pediatric Nutrition (Boston) **2017**
- FMGEMS* (USA): **1992** 85%
- 1991** 86%
- Diploma in Child Health (Pb^φ): **1986** 72%
- MBBS (Pb), King Edward Medical College: **1983** 62%
- B-Sc. (Pb) English only: **1980**
- Senior Cambridge **1974** 1st Division

MEDALS, AWARDS AND SCHOLARSHIPS

- SMK Wasti Gold Medal for meritorious services for children PPA (Pb) **2012**
- ISPCAN Global Multi Disciplinary Award on Child Protection York-UK **2006**
- Best Paper Presentation Award at 16th Biennial PPA International Pediatric Conference **2002**
- Gold Medal in Diploma in Child Health Examination, PGMI^l: **1986**
- First Position in DCH Examination, Punjab University: **1986**
- Albel Singh Watson Gold Medal, in School Certificate, University of Cambridge: **1974**
- B.I.S.E^f. Scholarship for a period of five years: **1977-82**
- Government of West Pakistan Scholarship to study at Aitchison College, Lahore **1969-76**

PROFESSIONAL EXPERIENCE

- 1 year** Currently, Head, Child Rights Department, University of Lahore
- 1 year** Currently Associate Professor, Pediatric Medicine, UCMD, University of Lahore
- 8 years** Currently, Honorary Consultant Child Protection Unit Children Hospital, Lahore
- 4 years** Associate Professor, Pediatric Medicine, Rashid Latif Medical College, Lahore
- 18 years** Child Protection Consultant
- 5 years** Assistant Professor of Pediatric Medicine (Children Hospital Lahore and PGMI Punjab)
- 3 years** Senior Registrar of Pediatric Medicine
- 3 years** Pediatrician at DHQ- & THQ*-level hospitals
- 3 years** Resident Medical Officer Pediatric Medicine
- 1 year** Medical Officer Basic Health Unit
- 1 year** House Officer Pediatric Medicine

* FCPS: Fellow of College of Physicians and Surgeons of Pakistan
♦ FMGEMS: Foreign Medical Graduates Examination on Medical Skills
φ Pb: Punjab
l PGMI: Post Graduate Medical Institute
f B.I.S.E.: Board of Intermediate and Secondary Education
* DHQ (District Head Quarter), THQ (Tehsil Head Quarter)

PRESENT POSITIONS

- ❑ Head, Child Rights Department and Associate Professor, University of Lahore. Founded the first Child Rights Department in South Asia for creating an ever expanding pool of trained professionals to work on child rights and to make students of UoL aware of the menace of Child Abuse and Neglect. The department conducts research, capacity building and advocacy on the issues of child rights especially protection rights, and in partnership with PAHCHAAN conducts service delivery projects for children who are at risk of maltreatment. Over the last one year it has already conducted a study on KAP of University Faculty on Child Protection. It has taught a compulsory course on child rights to more than 300 graduate students, formed a V-CAN students society, conducted many events on ‘No Child Slaves at Home’ and is running a Children Center for more than 70 street children. **(May 2016 to date)**
- ❑ Founder President, and Honorary Chief Executive PAHCHAAN[€]. (Protection and Help of Children against Abuse and Neglect), A registered, tax exempt, non-profit organization working on child protection issues, currently focusing on four program areas including; 1) Managing abused children in hospitals, 2) Supporting most vulnerable children’s rehabilitation (including street children, runaway children, nomad children, child laborers, and children in alternate care), 3) Supporting children in Emergencies, and 4) Creating Awareness on Child Protection issues in Parents, teachers, youth and masses. The organization works in collaboration with Pakistan Pediatric Association, and other NGOs and INGOs including ISPCAN on Child Protection and partners with American Academy of Pediatrics, British Council, LUMS, Punjab University, University of Central Punjab and many other Universities, colleges and schools for volunteer support **(2005 to date)**
- ❑ Focal Person (Punjab), and Convener, Child Rights & Abuse Committee, PPA[∂]: CRAC-PPA is an affiliate of lead international organizations on child protection, including Groupe Developpement, ECPAT International, ISPCAN, WWSF[∗], and IPA[∫]. It is also the national Convener for the WGCSA[∫], which is a major technical support organization to the government on child protection issues. **(1998 to date)**
- ❑ Provincial Co-Chair NACG (National Action Coordination Group to Eradicate Violence Against Children), a SAARC Apex body **(2015-17)**
- ❑ Convener SAPCAN (South Asia Group for Prevention of Child Abuse and Neglect) **(2015 to date)**
- ❑ Executive Committee Member, Pakistan Pediatric Association (Center) PPA is the sole representative body of all pediatricians of the country and is affiliated with International Pediatric Association (IPA) and Society of Asian Pediatric Associations (SAPA). Its mandate is promotion of academic activities and advocacy for children **(2016-2018)**
- ❑ Executive Committee Member, Rising Sun Education and Welfare Society for Slow Learners & Special Children, Lahore **(2010 to 2018)**
- ❑ Member, National Certification Committee on Eradication of Poliomyelitis from Pakistan **(Jan 2015 to date)**
- ❑ Member, International Society for Prevention of Child Abuse and Neglect - ISPCAN[∫] **(2003 to date)**
- ❑ Member, Executive Committees, PPA – Punjab **(1994 to date)**
- ❑ Member, Punjab Chief Minister's Committee for instituting child protection reforms **(2015)**
- ❑ Member, Education Advisory Council at ICT level, Government of Pakistan **(2015)**

PAST POSITIONS

- ❑ Associate Professor, Department of Pediatric Medicine, Rashid Latif Medical College, Lahore. Responsibilities include teaching undergraduate and post graduate medical students, nursing students,

[€] PAHCHAAN: Protection And Help of Children Against Abuse and Neglect

[∂] PPA: Pakistan Paediatric Association

[∗] ECPAT: End Child Prostitution And Trafficking

[∗] WWSF: Women’s World Summit Foundation: has UN Consultative Status, serving the implementation of women’s and children’s rights and the UN Mid Decade Goals

[∫] IPA: International Paediatric Association

[∫] WGCSA: Working Group against Child Sexual Abuse

[∫] ISPCAN: International Society for Prevention of Child Abuse and Neglect

and students of allied health sciences, and supervising pediatric clinical activities in Arif Memorial Hospital, with a 40 bed Pediatric Department. **(July 2012 to May 2016)**

- ❑ Vice President, Pakistan Pediatric Association - Center **(2014-2016)**
- ❑ Member, Executive Committees, PPA – Center **(1996-8, 2004-2006, 2008-2010, 2012-2014)**
- ❑ Vice President, PPA (Punjab) **(1996-1998, 2010-2012)**
- ❑ General Secretary, PPA (Punjab) **(1994-1996)**
- ❑ Member, Core Committee Against Child Sexual Abuse, NCCWD[√] Govt of Pakistan **(2000-2010)**
- ❑ Country Representative for Asian Regional Network, ISPCAN **(2005-2008)**
- ❑ National Health Consultant, Caritas Pakistan^Σ: Programs include work on National Health Program, Afghan Refugees Health Program, etc. **(2002-5)**
- ❑ General Secretary, Rising Sun Education and Welfare Society for Slow Learners & Special Children, Lahore **(2006 to 2010)**
- ❑ Joint & Information Secretary, Rising Sun[£] Education and Welfare Society for Slow Learners & Special Children, Lahore **(1996 to 2006)**
- ❑ Member, Ethics Committee, Children Hospital and Institute of Child Health, Lahore, **(2011 to 2015)**
- ❑ Chairman Scientific Committee, 11th National Conference on Child Rights, Quetta **(2015)**
- ❑ Member, Scientific Committee, 19th ISPCAN International Congress on Child Abuse and Neglect, Istanbul **(2012)**
- ❑ Chairman, Scientific Committee, 10th National Conference on Child Rights and Abuse: **(2010)**
- ❑ Secretary, Organizing Committee, 5th National Conference on Child Rights and Abuse: **(2000)**
- ❑ Member, CACL[♥], Punjab: **(1999-2000)**

PROJECTS

- ❑ Project Supervisor for enrolment of 8000 out-of-school children in government schools and ensuring their quality education in collaboration with British Council in 2014-2017
- ❑ Project Leader for Psycho-Social Rehabilitation of 20,000 Children in flood affected area of Dera Ghazi Khan District, including setting up of Child and Women friendly spaces and capacity building of care givers in collaboration with UNICEF in 2010-11
- ❑ Program Director, Psychosocial Rehabilitation project for IDP children in 2009 with Save the Children USA and OFDA-USAID. Established 48 child and woman friendly spaces in Districts of Buner and Swabi KPK
- ❑ Deputy Project Leader for a project on “Optimum Care of Abused Children” with CRAC-PPA and PAHCAAN for management of cases of Child Abuse and Neglect in Hospitals, Capacity Building of Health Care Professionals on Concepts and Application of Skills for Child Protection, and Awareness Raising of Key Stake Holders and others on Child Abuse Prevention. 2007-8
- ❑ Established Hospital Child Protection Committee at Children Hospital Lahore as the first of its kind in Pakistan to manage child abuse cases and formulate child friendly procedures in a multidisciplinary manner. Now supervising 4 such committees in various hospitals of Pakistan. Children Hospital has now owned this initiative as its own Child Protection Unit in 2009. We are managing about 150-200 cases of severe child abuse and neglect in this unit every year
- ❑ Supervised Projects of PAHCHAAN, including Take a child to school, Health Care Provision, Life Skills Based Education, and Teachers’ Training for SOS Children’s Villages of Pakistan and Sudhaar; Hepatitis B Vaccination Program for nomad children in collaboration with Godh, CRAC-PPA, and ADP[•]; Bache “Ghar Mein Achay” A project for repatriation of Runaway Children with Save the Children Sweden; Leaflets on Parental Awareness on Child Protection Issues; Pahchaan Relief Operation for Earthquake Victims; Drop In Center, and shelter for Street Children with European Union and Groupe Developpement; Organized more than fifty 2-Day Training Workshops in Punjab and KP for capacity building of more than 1500 Health Care and other professionals on Child Protection and early detection and management of child abuse cases **2003-2012**
- ❑ Organized several national and international level conferences and workshops, including:

[√] NCCWD: National Commission for Child Welfare and Development

^Σ Caritas Pakistan is a part of the second largest global humanitarian network (Caritas International) and is supported by the Catholic Church

[£] Rising Sun E&WS: It runs two special children’s schools, which cater to about 250 mentally handicapped children ranging from mild to severe mental retardation

[♥] CACL: Coalition Against Child Labor

[•] ADP: Association for Development of Pakistan, a Boston-based NGO initiated by expatriate Pakistani students

- Chairman, 1st South Asia Regional Conference on Child Rights and 12th National Child Rights Conference of PPA: **2017**
 - Annual conference of PPA Punjab as Chairman Souvenirs Committee: **2015**
 - Biennial International Pediatric Conferences of PPA as Chairman Publication Committee: **2014, 2004 and 1994**
 - A series of 5 interactive workshops during 22nd Biennial Pediatric Conference for Doctors, Teachers, Parents, Youth and NGO Workers: **2014**
 - Workshops and Seminars on Child Abuse prevention as part of many annual National and International Pediatric Conferences of PPA: **2000-2016**
 - National Child Rights Conferences of PPA: **2010, 2000**
 - Workshop on Health Consequences of Child Sexual Abuse at the 17th International Biennial Conference, PPA and 3rd Scientific Conference of Pediatric Association of SAARC Countries: **2004**
 - Pre-Conference Workshop on Child Rights and Abuse at Peshawar, as a component of the Annual National Conference of PPA: **2003**
 - Pre-Conference Workshop on Prevention from Child Abuse in Pakistani and Afghani Children at Quetta, as a component of the 6th National Conference on Child Rights and Abuse, PPA: **2002**
- Piloted a series of ten Children Forums on Child Participation (in collaboration with UNICEF) at Kasur, Lahore, Rawalpindi, Sialkot, and Sheikhupura. Also organized a Children's Assembly, whereby children from all walks of life presented their problems to a panel of parliamentarians and provincial officials: **2003**
 - Undertook a Child Health Project in collaboration with ILO⁽ and Bunyad Literacy Community Council in Districts Hafizabad and Sheikhupura to formulate health profiles of more than 2000 carpet-weaving child laborers and to provide linkages at local health centers: **2003**
 - Active lobbying by the Child Rights and Abuse Committee, PPA has resulted in the Government of Punjab to include the District Child Specialist in each DCCWD[□] where he/she will supervise Child Protection. Seven of these District Child Specialists have already received training at the training workshops organized by PPA: **2002**
 - Project on Health Status of Child Laborers at an IEC[≈] Center of Punjab (CRAC-PPA and ILO-IPEC): **2000**

PUBLICATIONS

Research Reports and Chapters in Books

- Contributor and Co-Editor: Medical Evaluation of Child Sexual Abuse – A Practical Guide Pakistan Edition Martin A Finkel, Angelo P Giadino American Academy of Pediatrics **2009**, printed in Pakistan **2016**
- Violations of child rights during disasters:, Chapter in, Child Abuse and Neglect , Challenges and opportunities, RN Srivastava, Rajeev Seth and Joan Van Niekerk **2013**
- Silent Screams: A study of rape cases reporting to Chief Chemical Examiner Punjab **2008**
- Situational Analysis of Children Vulnerable to HIV/AIDS in Lahore (CRAC-PPA and SC-UK[∩]): **2007**
- Situation Analysis of effect of Pornography to children in Lahore **2007**
- ECPAT International Project of Boy Prostitution in South Asia: **2006**
- An Assessment of the Socio-Cultural Factors Influencing Children to Run Away from Home (Pahchaan & SC Sweden) **2007**
- Mapping of Organizations Addressing Child Protection in Pakistan (CRAC-PPA and SC-UK[∩]) **2004**

Curriculum Development:

- Curriculum on Child Rights for Students of Allied Health Sciences at University of Lahore **2016**
- PPA Training curriculum for Vaccination Awareness trainings for Pediatricians and doctors **2016**
- Curriculum on Child protection incorporated to Undergraduate Nursing School at Children's Hospital Lahore **2011**
- A Manual on Child Protection: Concepts and Applications for Doctors, Lahore: **2005 updated 2011**

(ILO: International Labor Organization
 □ DCCWD: District Commission for Child Welfare and Development
 ≈ IEC: Information, Education, Communication
 ∩ SC-UK: Save the Children-United Kingdom
 ∩ SC-UK: Save the Children-United Kingdom

- ❑ A Manual on Child Protection: Concepts and Applications for Nurses, Lahore: **2011**
- ❑ A Manual on Child Protection: Concepts and Applications for Teachers **2005**
- ❑ A Manual on Child Participation Processes as a Guide for Child Facilitators: **2004**
- ❑ Three separate training manuals on 'Protection from Child Abuse' for healthcare workers, teachers, and service providers (Department of Social Welfare and UNICEF): **2003**
- ❑ Training Manual for Health and Social Workers on Early Identification, Referral, and Rehabilitation of Child Abuse Cases (Department of Social Welfare and UNICEF): **2002**
- ❑ Training Manual on Care of Child Sexual Abuse Cases (ECPAT International): **2002**
- ❑ Update on Diarrheal Diseases; WHO[▷] Digest: **1995**

Research Consultancies:

- ❑ Situation Analysis of Commercial Sexual Exploitation of children in Transport Industry WGCSA **2009**
- ❑ Confronting Realities II Situation Analysis of Child Sexual Abuse in Pakistan review **2007**
- ❑ CSEC A Situation Analysis of Pakistan: Research conducted as part of WGCSA[∞] on nomad boys and girls, children in Red Light Area, children visiting shrines, and MSM children: Save the Children Sweden **2006**
- ❑ Children's Participation in the Formulation of National Plan of Action on CSA/E: Research conducted as part of WGCSA on children in schools of Lahore and Quetta: Save the Children Sweden **2005**
- ❑ National Evaluation of Drug Abuse Prevention, Detoxification, and Rehabilitation Programs of Caritas Pakistan: **2003**
- ❑ Documentation of Elimination of Child Labor Activities in District Sialkot (UNICEF): **2002**
- ❑ Confronting Reality: Sexual Exploitation & Abuse of Children in Pakistan (WGCSA): **2000**

Awareness Material :

- ❑ Blogs on Health and Child Protection on www.naeemzafar.net since **2010**
- ❑ Facebook page on Dr Naeem Zafar Child Specialist for updates on child health and protection issues since **2011**
- ❑ Newsletter of PAHCHAAN **2006 to date**
- ❑ Participated in talk shows and interviews on different television channels including Dunya, Samaa, Dawn TV and Star Asia Channel24, Appna TV, highlighting child health and protection issues **2008 to date**
- ❑ A series of Awareness Leaflets for Parents on Child Protection Issues: **2006 updated 2010**
- ❑ Net Smart Rules for Children and their Parents to protect against Internet pornography: **2003**
- ❑ Awareness brochure for parents on child abuse and prevention measures: **2003**
- ❑ Exposure of Children to Pornography in Internet Clubs (CRAC-PPA): **2002**
- ❑ Multiple leaflets in Urdu on Prevention of Health Hazards in Child Laborers (CRAC-PPA & ILO): **1999**
- ❑ Accidents in Auto Workshops: their Prevention and Treatment (CRAC-PPA & ILO): **1999**
- ❑ Articles on child abuse, child sexual abuse, and child labor in various magazines, newspapers, and reports

FACILITATOR/TRAINER

- ❑ Training Course on "Public health and Epidemics" for doctors at CIMLA Lahore **Feb 2017**
- ❑ ISPCAN International Webinar on Protecting children during disasters **June 2016**
- ❑ Master Trainer and Focal Person for Vaccination Awareness Project of PPA **2016**
- ❑ Training work shop of Healthcare professionals on trauma counselling and psychosocial rehabilitation of children affected by Disaster and Traumatic Events for PPA Khyber PakhtunKhwah: **2015**
- ❑ Training on Participatory Learning for Action, SEDC-LUMS Lahore University of Management Sciences: **2010**
- ❑ Scores of 2-day training workshops for Health Care Professionals of Punjab, KP, Quetta and Karachi on Child Protection: Concepts and Application: **2004-to date**
- ❑ 3-day training workshop on Child Protection: Concepts and Application for teachers of SOS Hermann Gmeiner School: **2005**
- ❑ Supported 2-Day Training Workshop for Service Providers, *Nigheban*^{*} officials, and Caring Institutions' Officials on Caring Practices for Children: **2003**
- ❑ Separate consultative workshops with children (Lahore) and Internet Services Providers (Lahore, supported in Karachi, Quetta, Peshawar) on Protection from Child Internet Pornography: **2003**
- ❑ A series of Awareness Seminars on Child Protection during **2002-3** at:

▷ WHO: World Health Organization

∞ WGCSA: Working Group Against Child Sexual Abuse

• *Nigheban*: Government facility for the care and rehabilitation of lost, kidnapped, and runaway children

- Lahore: for Members of Pakistan Paediatrics Association (Punjab Chapter)
- Lahore: media seminar for journalists and communications' professionals
- Sheikhpura: for more than 300 people from all walks of life
- Lahore: NGO members and Social Workers
- Murree: media workshop for Provincial Information Officers
- Lectures on Awareness about Child Abuse and Neglect at Medical Colleges and Hospitals in Punjab: **2002 to Date**
- Lectures on Awareness about Child Abuse and Neglect at Universities, Colleges and Schools in Punjab: **2008 to Date**
- Lectures on Awareness about Child Abuse and Neglect at various forums, such as workshops and seminars in Dera Ghazi Khan, Gujranwala, Lahore, Multan, Sialkot, Murree, Rawalpindi, and Sargodha: **2002-todate**
- Support to the 6th National Child Rights Conference all over Pakistan and the pre-Conference workshop at National Conference, PPA: **2002 to date**
- Lectures delivered on Child Protection at various forums of Pakistan Paediatrics Association: **2002-date**
- International Course on Complex Humanitarian Emergencies in Paediatrics for Doctors Working with Afghan Refugees, arranged by Pakistan Paediatrics Association and International Paediatrics Association: **2002**
- Walk and Seminar on World Environment Day: **2002**
- Pre-Conference Workshops on Child Abuse in collaboration with ISPCAN at Karachi: **2002**, Lahore: **2000**
- Transforming Childhood: Emotional Health of Children, by Rozan - Angan: **2001**
- Courses on Lactation Management, Punjab Breast Feeding Steering Committee & UNICEF: **1991-98**
- Courses on Acute Respiratory Infections, UNICEF: **1991-1999**
- Organized awareness seminars for various stakeholders on issues related to child health and protection: **1999-date**

CONFERENCES ATTENDED AND PAPERS READ

- 35th Annual Meeting of the European Society for Paediatric Infectious Diseases. Madrid, **Spain 2017**
- 21st ISPCAN International Congress on Child Abuse and Neglect Calgary, **Canada 2016 (1 paper)**
- 28th IPA International Congress of Pediatrics Vancouver, **Canada 2016 (1 invited paper)**
- 10th Asia Pacific Regional Conference of ISPCAN Kuala Lumpur, **Malaysia 2015 (2 papers)**
- Global Health Conference "Battlefield Earth" Iowa City, Iowa **USA 2014 (1 Paper)**
- Provost Global Forum - Child Protection: A Global Responsibility, Iowa City, Iowa **USA 2014 (1 Paper)**
- 19th ISPCAN International Congress on Child Abuse and Neglect, Istanbul, **Turkey: 2012 (2 papers)**
- 14th ASEAN Pediatrics Congress **Singapore: 2011 (1 Paper)**
- European Society of Pediatric Infectious Diseases Conference in Nice **France: 2010 (1 paper)**
- ISPCAN 8th Asia Oceania Regional Conference at Perth **Australia: 2009 (3 papers)**
- ISPCAN 16th International Congress on Child Abuse and Neglect at York, **UK: 2006 (3 papers)**
- ISPCAN 6th Asian Regional Conference at **Singapore: 2005 (2 papers)**
- A Regional Meeting of Developmental Agencies Working Against Child Sexual Abuse at Kathmandu, **Nepal: 2004**
- ISPCAN 15th International Congress on Child Abuse and Neglect at Brisbane, **Australia: 2004 (3 papers)**
- South Asia Regional Meeting of ISPCAN at Nagpur, **India: 2003**
- 2-Day Workshop on Psychosocial Management of Children in Disasters: International Pediatric Association and Pakistan Pediatric Association **2006**
- 3rd South Asian People's Summit at Islamabad, **Pakistan: 2003**
- Conference of International Society for Tropical Pediatrics, Istanbul, **Turkey: 2002 (2 papers)**
- PPA Biennial International Pediatric Conferences: **2016, 2014, 2012, 2010, 2008, 2006, 2004, 2002, 2000, 1998, 1996, 1994, 1990 (papers and workshops)**
- PPA Biennial National Pediatric Conferences: **2015, 2013, 2011, 2009, 2007, 2005, 2003, 2001, 1997, 1995, 1993, 1991, 1989, 1987, 1985 (papers and workshops)**
- National Conferences on Child Rights and Abuse: **2015, 2010, 2008, 2006, 2004, 2002, 2000, 1998 (papers and workshops)**
- PAHCHAAN was awarded a grant of PKR 100,000 by World Bank and Government of Pakistan for presentation of proposal of special children: **Mazoori Majboori Nahi, 1st Pakistan Taraqi Bazar (2006)**
- Papers in many National Conferences organized by College of Physicians and Surgeons Pakistan, Universities, including Lahore University of Management Sciences, Government College University, Punjab University, Colleges and Schools

SHORT COURSES

- Training on Multidisciplinary case management of Child Abuse at Philippines General Hospital Manila in collaboration with ISPCAN **2009**
- Regional Child Protection Capacity Building Course by UNICEF Regional Office for South Asia and National Child Protection Authority, Colombo, Sri Lanka: **2002**
- Course on Project Management at Caritas Pakistan, Lahore: **2001**
- Exam-setting, student evaluations, and courses on teaching skills and communication skills, College of Physicians and Surgeons, Pakistan, Lahore: **1994-2002**